

# Jonathan McGee, MA

## Dedicated Clinical Counsellor

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### Professional Profile:

- Compassionate client-centric counsellor.
- Offers expertise in Psycho-Social-Spiritual Counselling.
- Serves clients in long-term and short-term therapy.
- Develops and implements counselling and intervention programs.
- Builds trust in the therapeutic relationship identifying underlying issues.
- Effectively co-manages cases by consulting with other professionals.
- Identifies additional/alternative services and provides referrals.
- Supports people through challenges to actualize their goals.

Certified Canadian Counsellor

Member Canadian Counselling  
& Psychotherapy Association

Member Employee Assistance  
Program (EAP) Association

ASSIST (Applied Suicide  
Intervention Skills) Training

### Core Competencies:

Intake Supervision	Counselling and Intervention	Client Assessments
Group Facilitation	Case Management	Therapeutic Programming
Progress Notes & Record Keeping	Documentation & Reports	Crisis & Conflict Intervention
Cognitive Behavioural Therapy	Eco Therapy	Psychodynamic Psychotherapy
Trauma Care & Treatment	Grief & Loss Counselling	Addiction & Mental Health

### Selected Research & Contributions:

- Implemented an innovative therapeutic program for the bariatric population at Rogers Hospital. Resulted in a more effective approach successfully supporting over 55 clients with weight loss and maintenance.
- Spearheaded research for trainers and supervisors in counselling and spirituality for St. George's University. Additional research includes *creating awareness in the school system regarding female bullying*, and *how the dissolution of a romantic relationship can facilitate posttraumatic growth within an individual*.
- Provided diverse clients with community resources and pertinent referrals knowing when and how to refer as appropriate. Collaborated with the Manitoba Distress Centre, Sexual Abuse, and Trauma Centre.
- Successfully completed over 2000 hours of supervised clinical work with 60+ clients at Saint George's University, as well as approved field practice in community settings exceeding the Certified Canadian Counsellor criteria by 100 hours. Graduated with Honours earning Master of Arts in Counselling and Spirituality.

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*"Jonathan has been able to form a good alliance with challenging clients. His natural ability to relate well to clients and other peers is present in a manner conducive to forging alliances."*

Ellen Cloverdale – Practicum Trainer and Mark Watson – Supervisor (St. George's University)

### Scholarly Related Experience:

Centre for Counselling | St. George University, Brockton, MB

2007 - 2011

Acts as a training facility for students enrolled in the Master of Arts in Counselling and Spirituality program. The Centre offers multi-lingual counselling services to individuals and couples from the community at large. [www.stgeorgeu.com](http://www.stgeorgeu.com)

#### INDIVIDUAL COUNSELLING PRACTICUM – COUNSELLING INTERN

Engaged in practicum based on clinical process of therapy and how to implement a variety of theoretical frameworks with clients, including interventions and techniques. Managing a case load of up to 4 clients per week | total of 40 clients over 2 years

- Effectively managed assigned caseload completing intake, regular supervision, progress notes, and relevant documentation addressing mental health issues such as schizophrenia, narcissism, trauma, and addictions.

Rogers Hospital, Lakehead, MB

2009 - 2011

Provides patient care in complex continuing care unit, which includes progressive disease, bariatric population, and other multiple medical conditions requiring ongoing monitoring by a multidisciplinary team. [www.rogershospital.asp](http://www.rogershospital.asp)

#### COUNSELLING INTERN

Contributed to interdisciplinary team of health care specialists caring for the whole person — body, mind and spirit — focusing on their medical and human needs. The inter-professional team also works closely with patient and resident families | 26 clients total

- Charted client progress according to St. George's procedures including active participation in hospital rounds. Supported over 20 patients treated for dialysis, loss of limbs, and blindness.

### Volunteer Experience:

YOUTH SUPPORT WORKER | Boy Scouts of Canada, Lakehead, MB

2006 - 2008

- Acted as a Peer Mediator at Jackson Secondary School focused on counselling troubled children.

CLUB VICE-PRESIDENT | Youth Club, Lakehead, MB

2004 - 2007

- Acted as spokesperson for Canada at an exchange in Lebanon with 10 people from 10 different countries.

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### Academic Credentials:

**Master of Arts in Counselling and Spirituality - Honours** (2007 - 2011)

Saint George University, Brockton, MB

**Bachelor of Arts, Honours, Psychology** (2006 - 2008)

Jamieson University, Thunder Bay, ON

**Bachelor of Arts, Honours, Geography** (2000 - 2005)

Whitehead University, Iroquois Falls, ON

Honours/Awards: Whitehead University:

Entrance scholarship based on community contributions and academic achievement

### Training & Professional Development:

Trauma, PTSD and Dissociation

Making Clinical Connections: In Body, Mind and Spirit

A training series for helping professionals